



# Adventure Sark

Ready for Adventure?

[www.adventuresark.gg](http://www.adventuresark.gg)







## The Sark Adventure

Come and have an adventure holiday on the island of Sark. We have some of the most amazing coastlines in the channel islands.



# Explore

Steep cliffs dominate the coastline of Sark making any exploration along the coast absolutely epic! Massive water filled caves, caverns and gullies teeming with sea life, give endless interest and excitement, and for the true adrenalin enthusiast deep water jumps are everywhere. The fierce currents have carved awesome geological features and ripped out the most amazing caverns that have to be explored. One thing is undisputable, Coasteering and Kayaking in Sark will take you to places that few people have been, it is jaw droppingly beautiful, staggeringly impressive and massively exciting ..... not to mention awesome fun. You will take a different memory away with you.



# Adventure Activities



Coasteering



Kayaking



Archery



Caving



Activiquiz



Treasure Hunt



Team Building



Walking Tours



Biking Tours



Laser Clay Pidgeon Shooting





# Sark Your Adventure YOUR ADVENTURE

Your adventure begins here!





# Coasteering

## See Sark Differently

An adventurous and exciting way to explore the shoreline of Sark.





# Coasteering COASTEERING

Coasteering is a unique adventure sport and probably the most enjoyable liquid refreshment you will ever experience. This is your chance to experience this most complete and exciting Coasteering environment in the Channel Islands and the UK. Coasteering in Sark could see you exploring some of the most awesome caves and cavern systems in the world such as the Victor Hugo's Cave Cathedral Cave, Boutique caves and the Derrible Head Caverns or even the famous Gouliot Caves. The coastline of Sark offers an unparalleled experience for families as well as any adrenaline junky. Coasteering (and Kayaking) allows you to experience a wonderful environment, an eco-playground, with an aquatic nature trail and watching wildlife in their world first hand while experiencing the exhilaration of sea level traversing, rock climbing, cliff jumping, gully swimming, swell riding and sea cave exploration.







# Sea Kayaking

Fun on the Water

An amazing way to explore the coast of Sark.



# Sea Kayaking

## SEA KAYAKING

Whether you are a family getting into sea kayaking for the first time or an experienced paddler, Sea Kayaking in Sark will give you an unforgettable experience, the tidal flows and the inaccessibility of some of the coastline make any journey a true kayaking adventure and an absolute delight! We will take you to places few people have been like the, Secret cave, Red cave, and Pigeon cave, Convanche Chasm, Dixcart Souffleur and Derrible Creux to name a few. Sark's coastline is a Sea Kayaker's paradise, the kayaks are virtually silent allowing you to get right up close to all sorts of exciting wildlife... dolphins, fish and a whole array of amazing sea birds. Our friendly guides will teach you all you need to know to get you going and their array of knowledge of our coastline is impressive. Tidal flow and the inaccessibility of some of the coastline make any journey around the coast a true kayaking adventure and an absolute delight. There is a fabulous wealth of sea life and some of the clearest waters and freshest air anywhere in the world.





# Archery

## See Sark Differently

Become Robin Hood for the day and show off your archery skills.





# Archery ARCHERY

Sark has plenty of open spaces, and we are lucky enough to have access to two beautiful open air ranges in Sark, both with facilities for entertaining groups. Archery is a very sociable and fun competitive activity. It is a great activity for parties, sports and social events, hen and stag parties, corporate entertaining or just a social/family get together. Our instructors will give full instructions and look after safety, they can run lots of competitions and games. There is food and drink onsite while doing the activity if you require it or there are nearby venues you can frequent after the activity. For an added twist try a Robin Hood themed event. We can (by prior arrangement) supply costumes (or bring your own) and prizes and a Banquet fit for King John himself!







# Caving

Fun on the Water

Explore the many hidden caves and mysteries of Sark.



# Caving CAVING

We can take you on a scramble tour into some of the many caves on the island at low water.

- The Boutique caves
- The Souffleur
- The Gouliot caves
- The Pot and copper mine
- The Mouton cave
- The Derrible caves
- La Louge
- The Fern cave
- The Red cave (Horse cave)
- The Seven Sisters
- Vermandee Bay (Fat Man's Misery)





# Activiquiz

See Sark Differently

Keep active while in both body and mind.





# Activiquiz

Sark is 3 miles long, roughly 1.5 miles wide and has 14 miles of coast line. The only modes of transport is tractors, bikes and carriages with tiny lanes, hundreds of hidey holes and nooks to explore, Sark is the perfect venue for hiding and seeking! Activiquiz is like a treasure hunt but you collect no treasure, like a quiz but no sitting down. Small groups are given a map with numbered places on it and a list of corresponding questions and tasks. The group must decide which areas to visit and which tasks to complete to gain the maximum points against the clock. A great fun way to spend some time exploring Sark and completing against colleagues or friends. You also get a Scavenger hunt list, a Picture quiz and an anagram (Places on Sark) sheet to gain more points. We provide all the resources needed, meet and brief the groups and score the sheets afterwards while you have a well earned drink or meal at your chosen venue. This is a fun way to explore Sark and complete a competitive activity.







# Pottery

Fun on the Potters Wheel

Make your own pot and have it delivered to your door.



# Pottery POTTERY

A go on the Potter's wheel is a fun, creative experience for individuals, couples and small groups, or even a family outing who fancies throwing a pot. On your arrival you will be guaranteed a warm welcome from Lorraine, you'll be offered an apron and settle down to watch a wheel demonstration from Lorraine your professional potter.

Now it's time to get down to business, and remember there are no mistakes in pottery, just happy accidents and learning experiences.

You start off by wrestling with a lump of clay and get it prepared for the wheel. Lorraine is happy to give as little or as much help as you would like, you certainly won't be bored waiting your turn as the activity makes for a great spectator sport. Now it's time to let your creative juices flow and create your pot, you will each take turns on the potter's wheel. The whole experience last around 1.5 hrs.

Lorraine will get your address, so when your pot has dried and been fired, which takes about a month, it will be posted on to you.





# Team Building

## See Sark Differently

Learn to work together and develop your interaction skills.





# Team Building TEAM BUILDING

This teambuilding option is suited to smaller groups or teams wishing to focus more on how teams work and individual roles within the team. We will probe deeper into the theory of teamwork, to explore and develop an understanding of individual roles and responsibilities, and learn how teams can be influenced and effected by our behaviour and methods. Activities will be chosen from our portfolio but will be group specific tasks that can be delivered indoors or outdoors. The activities selected will be appropriate to your group and will be suitable for all abilities as each activity is designed to encourage participation on many different levels.

All events are scored and we will declare a winning team at the end of the event.







# Walking Tours

## Explore Sark

Come and explore the beautiful Island of Sark on one of our walking tours.



# Walking Tours

## WALKING TOURS

Sark is an amazing and beautiful place, with some of the most stunning coastlines in the Channel Islands. You can take advantage of this by coming on one of our walking tours and explore the island and all its hidden gems. There are many exciting and interesting sights to see both on the coast and inland including: the lighthouse, 6th century monastery, 16th century mill, 19th century jail, the Pilcher monument and many others. You can also learn about the history of Sark including folk lore, about its people and about the German occupation during WWII.

So contact us today to book your walking tour and enjoy everything Sark has to offer, you won't be disappointed.





# Bike Tours

See Sark Differently

An amazing way to explore Sark for all the family.





# Bike Tours

## BIKE TOURS

Get ready for an exciting half-day journey exploring the island. Sark is only 3 miles long 1.5 miles wide 320 meters at its highest point above sea level and about 14 miles of beautiful coastline just waiting to be explored. Sark is the most fascinating of the channel islands free of cars (mind you we do have quite a few tractors on the roads). From the Sark harbour walking through the tunnel to get aboard the tractor trailer (Toast Rack) to reach the top of the harbour hill where we will meet you to take you to collect your bikes and set off on your independent tour. Your local tour guides, that live on Sark all year round, will take you to some amazing sites with a few stories to go with them, each guide carries a walky talky so whether you are in the front middle or back of the tour you will still get to hear all the information about the island. When we get off the bikes to explore your tour guides will be with you at all times. We supply bottles of water for you comfort.







# Laser Clay Shooting

Take Aim

Have great fun shooting safely.



# Clay Pidgeon Shooting

## CLAY PIDGEON SHOOTING

Laser-sport clay pigeon shooting is a sport which can be enjoyed by everyone. The players use modified shotguns to fire an infrared beam at clays launched from a conventional clay launcher. Whenever a trigger is pulled, the Laser control module/scoreboard generates the shotgun 'bang' and when a clay is hit the players and spectators can see the score of each player on the large scoreboard, in each round up to five people can shoot at the same targets at various speeds and angles. The authentic 12-Bore shotguns which have incorporated inside them a dedicated microchip and a radio transmitter that fires the infrared beam and also sends info to the control module that works out the scores and displays them on the large integral scoreboard.





# Leave Only Ripples

## CARING

Kayaking and Coasteering provide fantastic opportunities to see less well known areas of the Bailiwick, but that also brings responsibilities. We have had a pretty good year for wildlife sightings of marine mammals, birds and other marine life. We have been lucky enough to see some special sights while leading groups on the water, and feel honoured to be in a position where we can share some of the Bailiwick's wonderful environment and wildlife. Anyone who has seen wildlife in its natural environment knows that there is nothing more magical than having the privilege of being able to observe them. However we always need to remember that we are in their environment and we need to provide them with the utmost respect. Enjoy your time on the water and be observant, they will eventually come to you.

**Keep your distance:** Our aim is to observe the animals without disturbing them. It is important to remember that we have entered their world when we are watching them, and they should be in charge. Getting too close to animals can cause them to become stressed, and then to use excessive energy trying to avoid you. If you notice an animal moving away from you, don't follow it. They may come closer to you if they feel safe and are curious. If you want to get a clearer view the best thing you can do is use binoculars.

**Give them space:** When observing wildlife, even if they appear to be relaxed and comfortable it is important not to crowd them. You should always leave them plenty of room to go where they want to go without feeling like you are blocking off their routes. If there is a big group of you, take turns to observe the animals. You should also avoid causing loud noises or making sudden movements which could startle them.

**Don't chase them:** If the animals do not want to be around you, they will move away, this is a very good sign that you are too close and should move away. They should be in control of the encounter and will tell you if they have had enough. If you see any visible signs of distress such as trying to get away from you, making a lot of noise, or circling, move away immediately.

**If the animals can't move, don't move them:** This particularly applies to animals such as star fish, which we occasionally see on rocks. They are safe and happy where they are and if you are lucky you might see them moving as the tide rises or falls. Removing them from the rocks can damage them, and may leave them more vulnerable to predators.



# Take Only Photographs

## WILDLIFE

**Avoid making excessive noise:** Making lots of noise sometimes means that animals will move away before you get close to them. This will cause excessive disturbance, and means you won't get to enjoy a sighting. However being totally silent can mean animals don't realise you are even there, which can cause them distress when they do become aware. We recommend striking a balance between the two.

**Minimise viewing time:** It is easy to lose track of time when you are overawed by your encounter, but it is important to limit your time observing animals. Approximately 15 minutes is recommended as a maximum viewing time.

**When to be extra careful:** It is important to be extra careful when animals are nesting or have young with them. They will be particularly alert to any threat or potential danger. Whilst you do not want to cause any harm, you cannot tell them that. If you are exploring the rocks in remoter areas be careful to watch out for wildlife. Even if you don't spot any wildlife you might inadvertently damage their habitat. We recommend staying below the high water mark, and going slowly to allow time to observe your surroundings and avoid causing damage.

**Report sightings:** Do not panic if you cannot identify the exact species, it is still important information, and any description you can give could be valuable. More information on how to report can be found here: <http://www.biologicalrecordscentre.gov.gg/marine-sightings/>

**Tidy up litter:** If you see anything whilst you are out on the water which shouldn't be there, take it away with you, if you can, and put it in a bin. Litter can cause damage to animals and habitats, and whilst you may not have left it, everyone can help clear it.

**Stay Safe and Have Fun:** If you do want to use kayaks to watch wildlife, make sure you stay safe. As a minimum you should check the weather forecast, tell someone where you are going and when you will be back, wear a buoyancy aid and helmet, especially if you are going near rocks.

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# Adventure Sark

Ready for your adventure?

Contact us



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